



Sample Lunch Menu



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|--|
| <p><i>Chicken Dansak</i> Or <i>Pork Balls & Tomato Sauce</i> Or <i>Vegetable Carbonara</i> or <i>Healthy Options</i> Or <i>Salad Bar</i> *****</p> <p><i>Rice, Vegetable Stir-fry & Green Beans</i> *****</p> <p><i>Apple & Raspberry Crumble with Custard</i> Or <i>Fruit</i></p> | <p><i>Roast Ham</i> Or <i>Beef Stew & Dumplings</i> Or <i>Vegetable Casserole</i> or <i>Healthy Options</i> Or <i>Salad Bar</i> *****</p> <p><i>Mash Potato, Cauliflower Cheese and Brussels Sprouts</i> *****</p> <p><i>Peach Jelly & Cream</i> Or <i>Fruit</i></p> | <p><i>Chicken & Mushroom Pie</i> Or <i>Savoury Mince</i> Or <i>Broccoli Bake</i> or <i>Healthy Options</i> Or <i>Salad Bar</i> *****</p> <p><i>New Potatoes, Carrots and Leeks</i> *****</p> <p><i>Sultana Sponge with Nutmeg Sauce</i> Or <i>Fruit</i></p> | <p><i>Chicken Hotpot</i> Or <i>Tuna Pasta Bake</i> Or <i>Stuffed Jacket Potatoes</i> or <i>Healthy Options</i> Or <i>Salad Bar</i> *****</p> <p><i>Broccoli and Sweetcorn</i> *****</p> <p><i>Ground Rice & Jam</i> Or <i>Fruit</i></p> | <p><i>Pork & Apple Casserole</i> Or <i>Vegetarian Pizza</i> Or <i>Assorted Sandwiches</i> or <i>Healthy Options</i> Or <i>Salad Bar</i> *****</p> <p><i>Oven Chips, Peas and Baked Beans</i> *****</p> <p><i>Poached Pears with Chocolate Sauce</i> Or <i>Fruit</i></p> |