

School Meals

Wennington Hall School acknowledges the importance of helping children to develop healthy eating habits ensuring that during their time in school they receive the energy and nutrition they need. The school understands the need to provide pupils with a varied balanced diet through a wide range of foods.

The Catering team at Wennington Hall School prepare & serve a range of healthy, locally sourced (wherever possible) food for students & staff served in the Dining Room. The team are always happy to cater for any special dietary requirements e.g. diabetic, gluten free, vegetarian etc.

All the Catering team hold a current Food Safety Level 2 Certificate.

As a school, we also try to reinforce healthy eating through the curriculum using the "Healthy Schools toolkit", this is designed to help schools to 'plan, do and review' health and wellbeing improvements for their young people and to identify and select activities and interventions effectively. This approach will ensure schools put in place the most appropriate services and meet the needs of children and young people.

The toolkit is based on a health behaviour change approach for schools.

The toolkit contains:

- an overview of the Healthy Schools approach
- examples of schools making health and wellbeing improvements
- a planning template, a whole school review template and a school story template, which can be adapted for your school
- information and frameworks to help you identify needs, define health and wellbeing outcomes, select activities/interventions and review achievements.

It is an online audit tool to support and ensure that a school has the fundamental elements to maintain Healthy School Status.

Gives a whole school picture of health and wellbeing and creates a summary report of grades for each criteria and core area of Healthy Schools.

Enables a school to self-evaluate health and wellbeing across 43 criteria split across 4 core areas:

- Personal Social Health Education (PSHE) - 13 criteria
- Healthy Eating - 11 criteria
- Physical Activity - 10 criteria
- Emotional Wellbeing and Mental Health (including staff wellbeing) - 9 criteria

Wennington Hall School completed the Healthy Schools toolkit to help our young people to grow healthily, safely and responsibly. We worked on raising the attainment and achievement of young people by improving their health and wellbeing.

We focused on the following areas

- Healthy Schools Status (School Health Check)
- PSHE, including sex and relationship education (SRE) and drugs, alcohol and tobacco education
- Teenage Pregnancy and Parenthood Prevention and Support
- School Food, Nutrition and Cooking
- Citizenship, Participation and Sustainability
- Physical Activity
- Social, Emotional and Mental Health
- Spiritual, Moral, Social and Cultural development (SMSC)
- Pupil Voice

Summary

On completing the Healthy Schools Status we found it

Supports leaders in knowing their school well in order to gain an accurate view of its performance.

Allows subject coordinators to self-evaluate their subject area, highlighting strengths and areas for development as well as assign a grade to the subject.

Supports schools to ensure that the areas requiring improvement and plans are sharply focused on bringing about improvement.

Allows schools to plan (using an online action planning tool) to ensure resources are well targeted to areas in need of improvement as outlined by areas for development within the audit.

Tool for leadership and subject coordinators to create subject reports in line with Ofsted grade descriptors.

We can self-validate and receive another certificate on a 3 year cycle. An external assessment visit, plaque and feedback report (on a three year cycle) is available. The written report provides useful evidence of provision for/ impact on Spiritual, Moral, Social and Cultural (SMSC) development, learning as well as behaviour and safety.